

# music

*Changing young lives through music...*

Inspires creativity and imagination

discipline  
increases confidence

increases school  
attendance

self

improves esteem

literacy and numeracy

self expression

mental health

creates school and

community

cohesion

good

behaviour

cultural harmony

reduces recidivism

brings inspiration

and joy

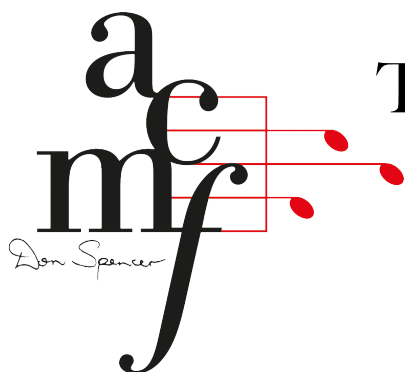
crosses economic  
cultural  
and social boundaries  
teaches self worth and pride

Over the past 14 years the **ACMF** has

**Donated** nearly \$1 million worth of instruments

**Given** over 230,000 free music lessons

**Received** over 27,000 entries for our song competition



# The Australian Children's Music Foundation (ACMF)

Most charities treat children's physical needs....  
but what about their emotional needs?

More young people today die from suicide than car accidents. Children as young as six are developing eating disorders. Incidences of self-harm in school-aged children are rising alarmingly. How can we help our children to develop resilience? How do we give them tools to trust themselves and others? How can we give them the freedom to create, hope and dream?

The ACMF has an answer... through the magic of music.

The Australian Children's Music Foundation (ACMF) was founded in 2002 by Don Spencer OAM to address the needs of children who were not getting the benefits of music education. "Research has proven the importance of music and arts education. And yet so many children don't have access to music lessons. This is alarming. Every private school in the world teaches music. When I was young, every school had a music teacher and a piano. Where did the system go wrong?"

The ACMF passionately believes that no child should be deprived of access to a music education. We believe this is a right, not a privilege. Research has proven that participation in music lessons enhances motor skills, boosts brain development, increases creativity and problem-solving skills, builds trust, confidence and resilience, increases literacy and numeracy skills, develops language skills and re-engages children with the process of learning.

And it works.

Music is the universal language. Music heals. Music connects with children who have experienced trauma and enables them to process and overcome. It enables disengaged youth to re-engage with society. It enables children to begin to trust themselves.

Help us help every child in Australia experience the joy that music can bring.

Help us help every child be the best they can be.

**Donate now at [www.acmf.com.au](http://www.acmf.com.au)**